





## Physical health briefing note

July 2018

### STOMP - Resources

Narrative	Link
This presentation contains some useful resources and will soon be going on the Regional Medicines Optimisation Committee website (RMOC)	 Catalogue of STOMP material.pptx
The STOMP July newsletter contains lots of information and advice, some of it is duplicated in other resources in this document but there is enough additional information to make it a worthwhile read.	 STOMP news July 18.pptx
Guidance that was produced for GPs from a study looking at withdrawing medication (ANDREA-LD). This advice, though intended for those involved in the trial, has some very helpful advice that can be used to guide decision making, particularly when issues arise during tapering off medication.	<a href="http://andrea-ldstudy.co.uk/for-participating-gps.php">http://andrea-ldstudy.co.uk/for-participating-gps.php</a>
The VODG guide 'Preparing to visit a doctor to talk about psychotropic medication' This was written as a guide for support staff who may be accompanying a person with a learning disability, autism or both to a GP consultation appointment to talk about psychotropic medication. I feel it would also be helpful to GP's and other professionals as a checklist of things to consider when carrying out STOMP related reviews.	<a href="https://www.vodg.org.uk/wp-content/uploads/2017-VODG-Preparing-to-visit-a-doctor-to-talk-about-psychotropic-medication.pdf">https://www.vodg.org.uk/wp-content/uploads/2017-VODG-Preparing-to-visit-a-doctor-to-talk-about-psychotropic-medication.pdf</a>

<p>Another useful resource is the work to develop a STOMP pathway recently developed by the challenging behaviour foundation which puts most of the key information at people's fingertips from one landing page.</p>	<p><a href="http://medication.challengingbehaviour.org.uk/pathway/">http://medication.challengingbehaviour.org.uk/pathway/</a></p>
<p>The organisation PRESCQIPP is also planning to provide some guidance on withdrawing psychotropic medication later in the year.</p>	

## Learning Disability Improvement Standards for NHS Trusts

<b>Narrative</b>	<b>Link</b>
<p>New learning disability Standards for NHS Trusts published in June 2018</p> <p>There are 4 standards that Trusts need to meet; doing so identifies them as delivering high quality services for people with learning disabilities, autism or both. These standards are supplemented by improvement measures or actions that trusts are expected to take to make sure they meet the standards and deliver the outcomes that people with learning disabilities, autism of both and their families expect and deserve. NHS Improvement will look at performance against these standards to target support at those trusts that need to improve. Further guidance and toolkits including the metrics will be published in the Autumn.</p>	<p><a href="https://improvement.nhs.uk/resources/learning-disability-improvement-standards-nhs-trusts/">https://improvement.nhs.uk/resources/learning-disability-improvement-standards-nhs-trusts/</a></p>

## Quality Outcome Framework (QOF in primary care)

Narrative	Link
<p>Report of the Review of the <b>Quality and Outcomes Framework</b> in England published 4<sup>th</sup> July 2018.</p> <p><b>Target audience</b> GPC, RCGP, PHE, DHSC, NHS Commissioners, NHS Employers, CQC, NICE, RCN, patient representative organisation CCG Clinical Leaders, CCG Accountable Officers, Think tanks, participants of reference groups and events, members of TWG, HEE, NHSI, STP/ICS leads, Health and Wellbeing Boards, ADASS</p> <p>In the Five Year Forward View Next Steps NHS England agreed to undertake a review of the Quality and Outcomes Framework for general practice. This report presents the findings of that review to support wider discussion about how we reform the QOF which will inform negotiations between NHS England and the British Medical Association.</p> <p>Possible implications for the QOF indicator re LD registers</p>	<p><a href="https://www.england.nhs.uk/wp-content/uploads/2018/07/quality-outcome-framework-report-of-the-review.pdf">https://www.england.nhs.uk/wp-content/uploads/2018/07/quality-outcome-framework-report-of-the-review.pdf</a></p>


## General guides and resources

Narrative	Link
<p><b>Dementia</b></p> <p>Dementia and people with learning disabilities: making reasonable adjustments Published June 2018</p> <p>This guide is to help staff in public health, health services and social care to ensure</p>	<p><a href="https://www.gov.uk/government/publications/people-with-dementia-and-learning-disabilities-reasonable-adjustments">https://www.gov.uk/government/publications/people-with-dementia-and-learning-disabilities-reasonable-adjustments</a></p>

<p>that their services are accessible to people with learning disabilities who may have, or be developing, dementia or be at particular risk of doing so. The guide is also intended to be of use to families and friends of people with learning disabilities. There are links to resources to use when supporting people as well as good practice case studies.</p>	
<p><b>Constipation</b></p> <p>Management of chronic constipation of adults within the community</p> <p>Published in March 2017 The updated guideline 'Management of chronic constipation of adults within the community' can help staff to identify the likely causes of constipation and the possible solutions.</p> <p>It can support clinical decision-making by giving staff the strength of the evidence on which those recommendations are based. Used correctly, the clinical guideline should help to reduce the unpleasant symptoms of constipation, improve well-being for the individual who has constipation, and avoid the serious and sometimes tragic consequences of mismanagement.</p>	<p><a href="https://www.ndti.org.uk/uploads/files/ConstipationGuideline2016.pdf">https://www.ndti.org.uk/uploads/files/ConstipationGuideline2016.pdf</a></p>
<p><b>Older people</b></p> <p>Care and support of people growing older with learning disabilities NICE Guidelines April 2018</p> <p>This guideline covers care and support for adults with learning disabilities as they grow older. It covers identifying changing needs, planning for the future, and delivering services including health, social care and housing. It aims to support people to access the services they need as they get older.</p>	<p><a href="https://www.nice.org.uk/guidance/ng96">https://www.nice.org.uk/guidance/ng96</a></p> <p>Interactive flow chart</p> <p><a href="https://pathways.nice.org.uk/pathways/care-and-support-of-people-growing-older-with-learning-disabilities">https://pathways.nice.org.uk/pathways/care-and-support-of-people-growing-older-with-learning-disabilities</a></p>
<p><b>Learning disabilities and behaviour that challenges:</b> service design and delivery NICE guideline [NG93] Published date:</p>	<p><a href="https://www.nice.org.uk/guidance/ng93">https://www.nice.org.uk/guidance/ng93</a></p>

<p>March 2018</p> <p>This guideline covers services for children, young people and adults with a learning disability (or autism and a learning disability) and behaviour that challenges. It aims to promote a lifelong approach to supporting people and their families and carers, focusing on prevention and early intervention and minimising inpatient admissions.</p>	
<p><b>PMLD</b></p> <p>The Core and Essential Service Standards are designed to improve the lives and life experiences of people with profound and multiple learning disabilities. Published November 2017</p>	<p><a href="http://www.pmlmlink.org.uk/wp-content/uploads/2017/11/Standards-PMLD-h-web.pdf">http://www.pmlmlink.org.uk/wp-content/uploads/2017/11/Standards-PMLD-h-web.pdf</a></p>
<p><b>Cancer</b></p> <p>Macmillan Cancer Support annual report- Improving cancer services for people with a learning disability in the North East and Cumbria</p> <p>Although a report about practice in the NE, it contains a very helpful update about some innovative practice initiated by the Macmillan cancer learning disability project This project is funded by Macmillan as part of the North East and Cumbria Learning Disability Network.</p>	<p><a href="http://www.necn.nhs.uk/wp-content/uploads/2017/12/Cancer-learning-disability-annual-rpt-16-17.pdf">http://www.necn.nhs.uk/wp-content/uploads/2017/12/Cancer-learning-disability-annual-rpt-16-17.pdf</a></p>

## Vision

Narrative	Link
<p><b>Eye Health care pathway</b></p> <p>Adults with a Learning Disability are 10 times more likely to have a serious eye problem than other adults. Having an eye test every two years is important but we know that people do not always attend regularly. Greater Manchester and Cheshire and Merseyside have commissioned a service called Eye Tests Made Easy which is a reasonably adjusted</p>	<p></p> <p>LD awareness week - eye health care.pdf</p>

eye health pathway.	
<p><b>Children</b></p> <p>SeeAbility launched a new research report 'Children in focus – a clear call to action' In May 2018</p> <p>It suggests thousands of children with learning disabilities in England's special schools are missing out on vital eye tests and eye care despite being 28 times more likely to have a serious sight problem than other children.</p> <p>Around 100,000 children attend special schools in England, including the majority of children with severe learning disabilities or autism. The study indicates that up to half of these children are likely to have a problem with their vision, yet alarmingly an estimated 40,000 children will have never received any eye care.</p> <p>This means thousands of children who desperately need glasses are going without, many suffering extremely poor vision without anyone knowing about it, impacting on their ability to learn, play and socialise. While others with more serious eye conditions are being deprived of sight-saving treatment.</p> <p>SeeAbility is calling on NHS England to make wide reforms to community eye care for children and adults with learning disabilities and introduce adjusted eye tests in special schools. Failure to target these high-risk children with eye care they are able to access is causing unnecessary vision impairment and putting their eye sight at risk.</p>	<p><a href="https://www.seeability.org/Handlers/Download.ashx?IDMF=c5f622ea-5c9e-4e9c-a4f7-7c6d6c0c0228">https://www.seeability.org/Handlers/Download.ashx?IDMF=c5f622ea-5c9e-4e9c-a4f7-7c6d6c0c0228</a></p>

## Mortality Reviews

Narrative	Link
LeDeR the national LD mortality review programme published its annual report in May 2018. The report is based on	<a href="https://www.hqip.org.uk/wp-content/uploads/2018/05/LeDeR-annual-report-2016-2017-Final-6.pdf">https://www.hqip.org.uk/wp-content/uploads/2018/05/LeDeR-annual-report-2016-2017-Final-6.pdf</a>

<p>data collected up to December 2017. At this point in time the programme was in an early stage of implementation and not fully operational in all CCG areas. The programme is building momentum in practice, with more reviews in place over recent months and more action on learning as the LeDeR methodology becomes embedded. The next issue to be addressed is to translate the learning coming from the local and national reviews into service improvement.</p>	
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## Campaigns

Treat me well is Mencap's new national campaign - Simple adjustments make a big difference. Treat me well is a campaign to transform how the NHS treats people with a learning disability in hospital. Find out more here <https://www.mencap.org.uk/get-involved/campaign-mencap/current-campaigns/treat-me-well>