

Coronavirus Lockdown Survey Findings

Easy Read Document

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Lockdown Survey June/July 2020

We issued a survey to find out how people with learning disabilities

- **felt during lockdown,**
- **what activities they had done, and**
- **what support they felt they needed in the future**
- **137 people completed the survey**



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How has lockdown made you feel?

Bored



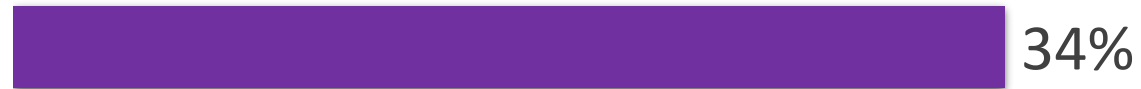
Sad



Confused



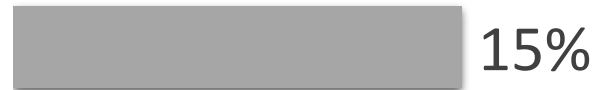
Lonely



Nervous



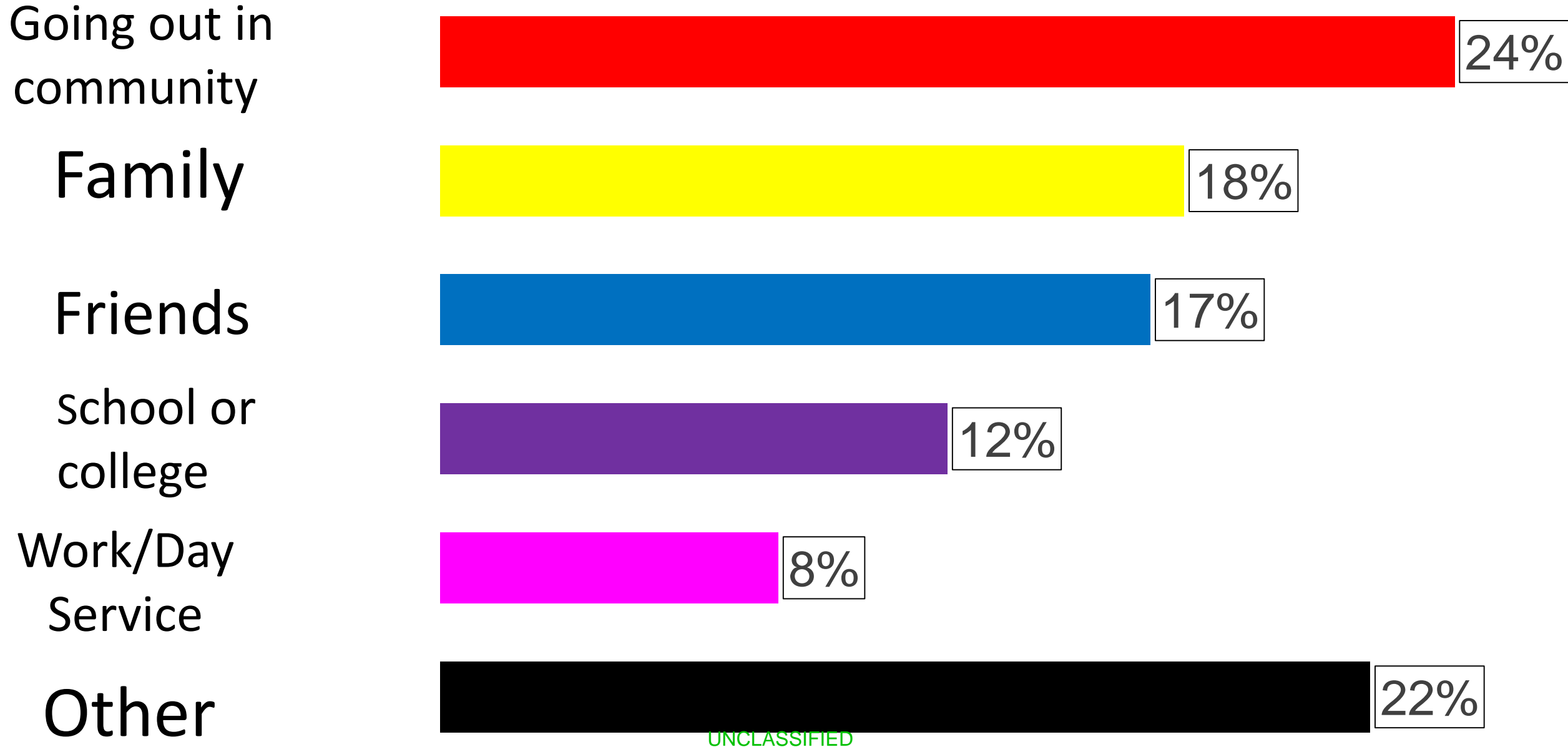
No Different



Other

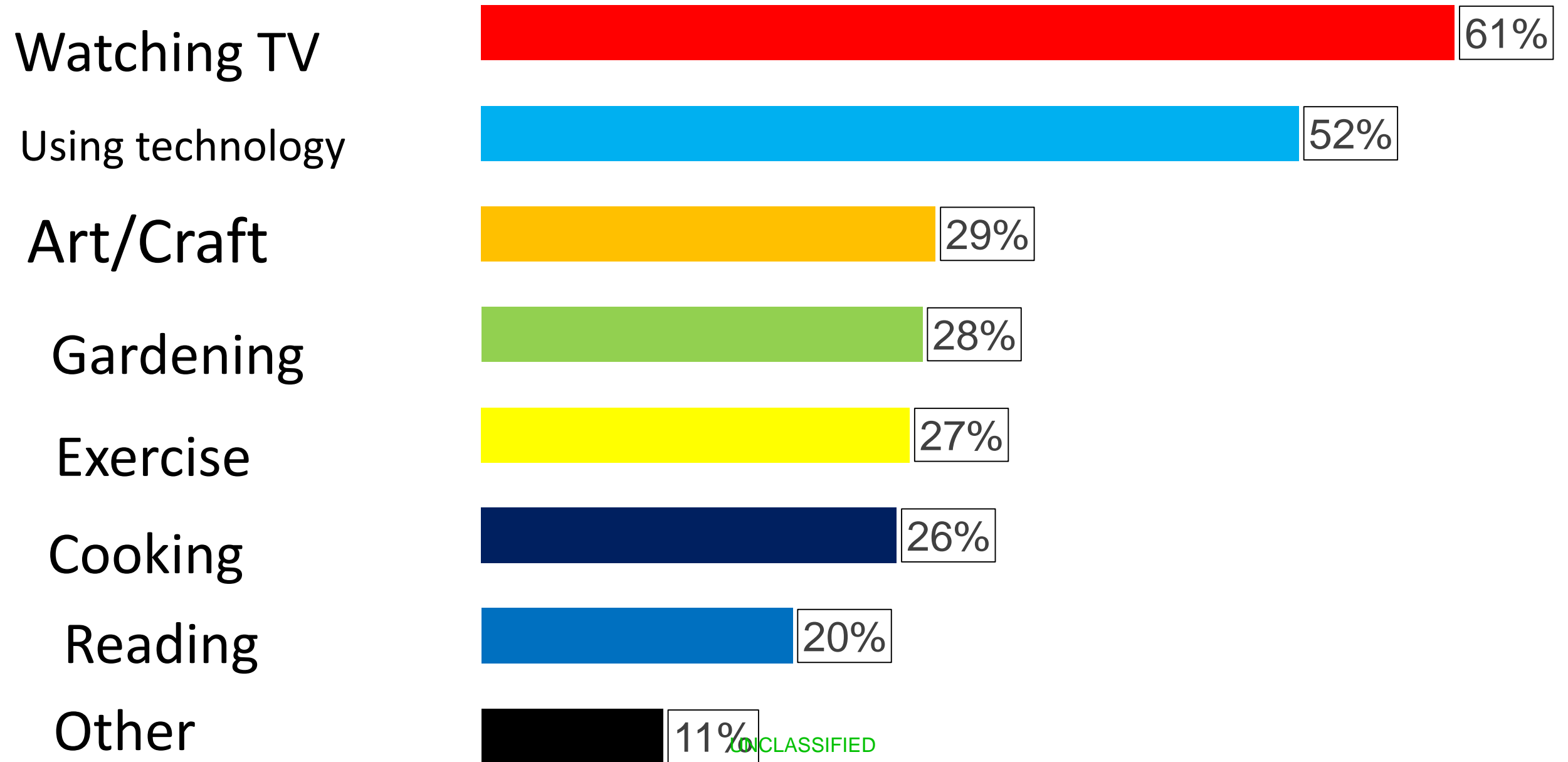


What have you missed most during lockdown?

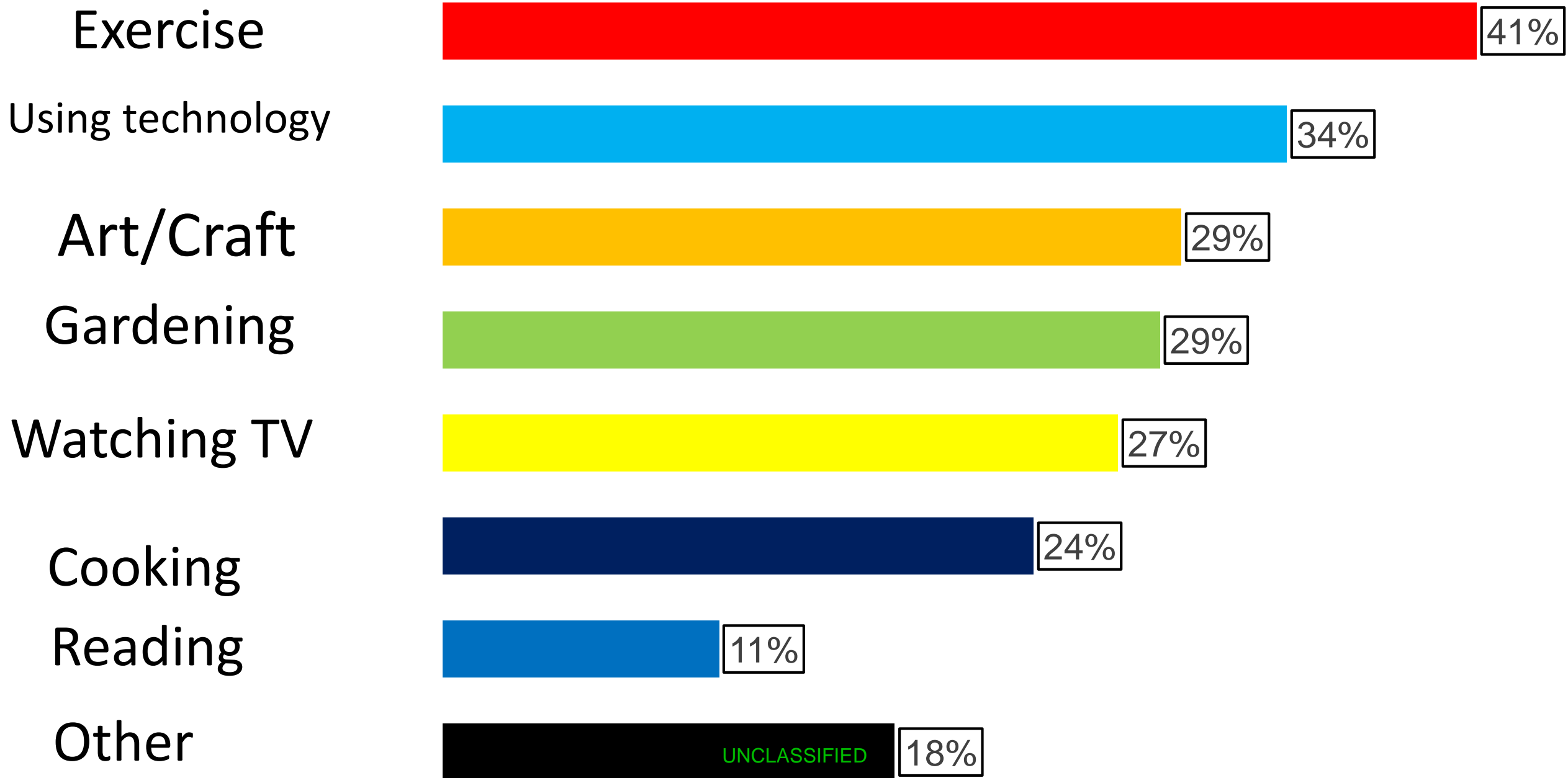


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What have you done more of during lockdown?



Which of these would you like to do more of in the future?



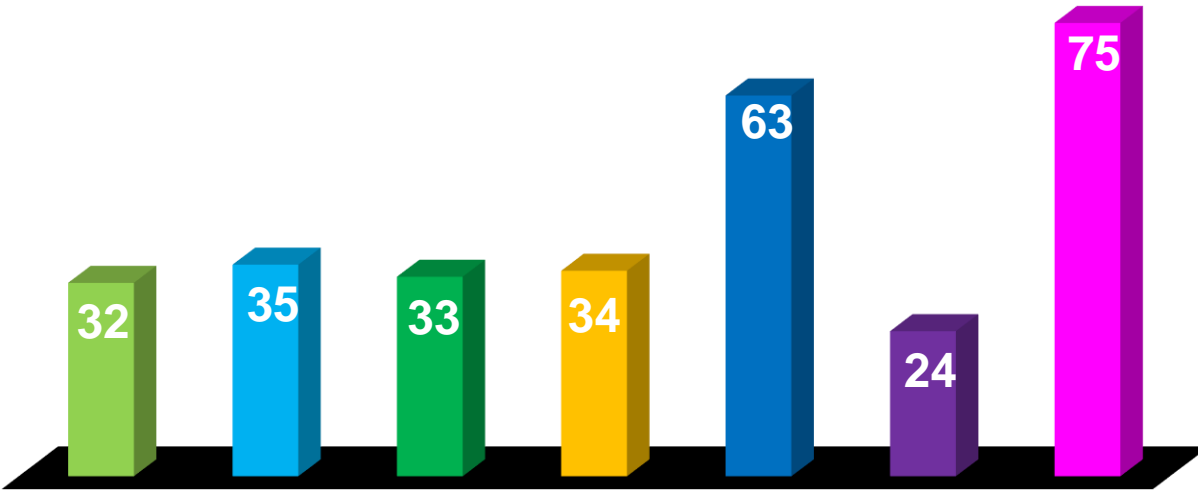
"This is my last year at college and I don't know what I will do now and what I will do next."

"Safer because I am with family all the time."



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Undertaken during lockdown



Cooking

Using technology

art craft

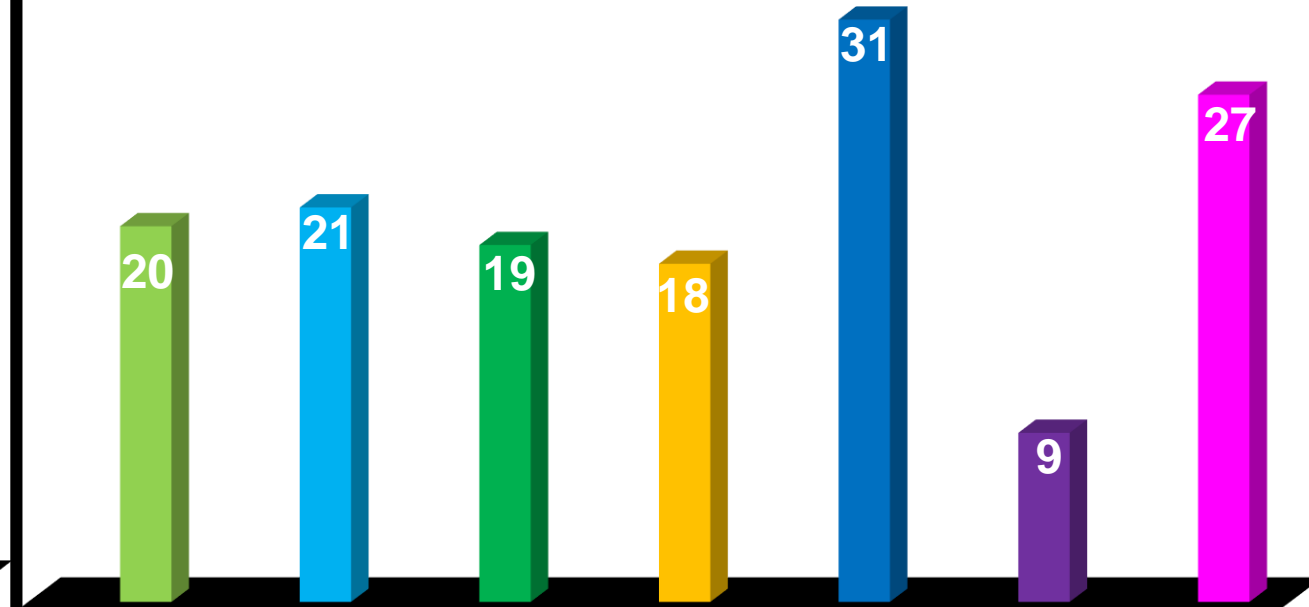
Reading

Exercise

watching tv

Gardening

Continued interest in future



Cooking

Using technology

art craft

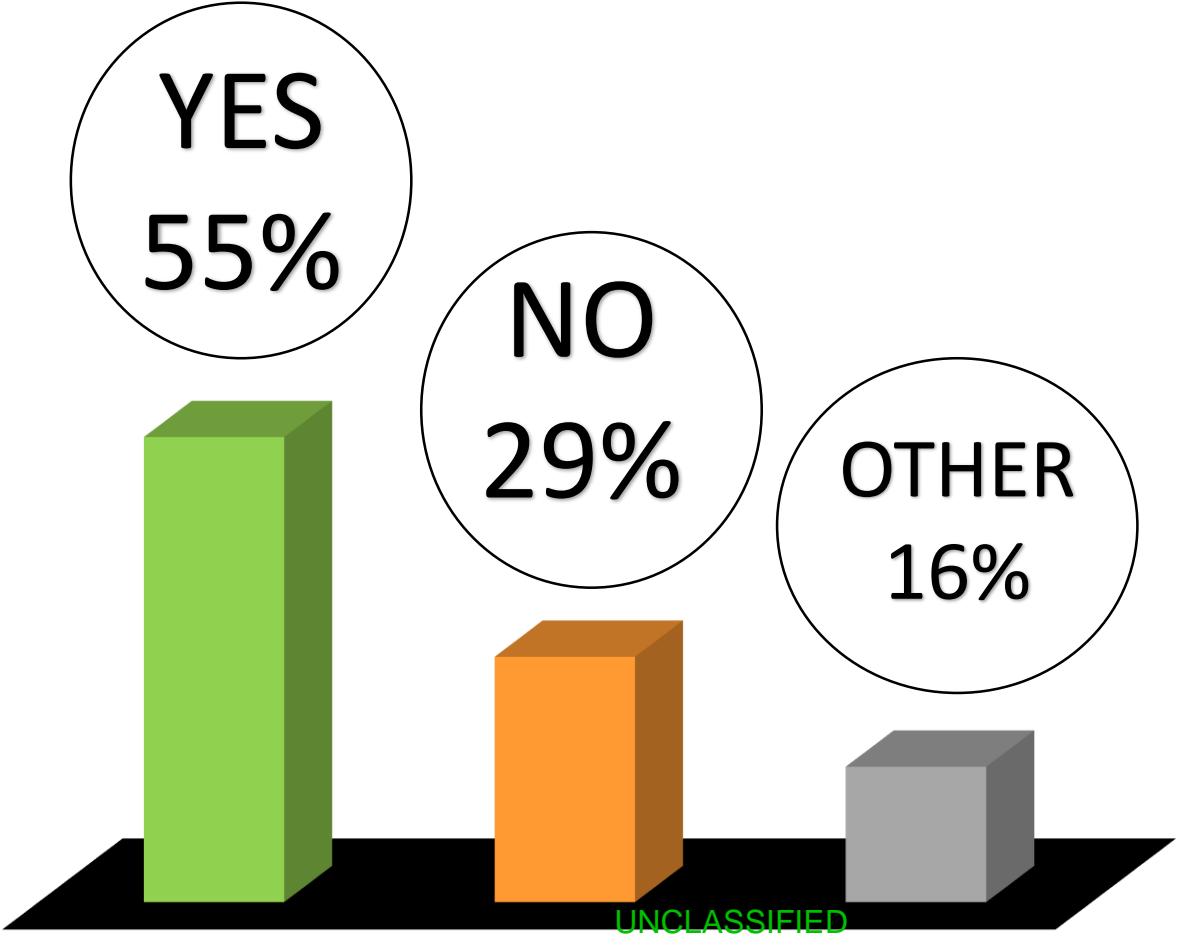
Reading

Exercise

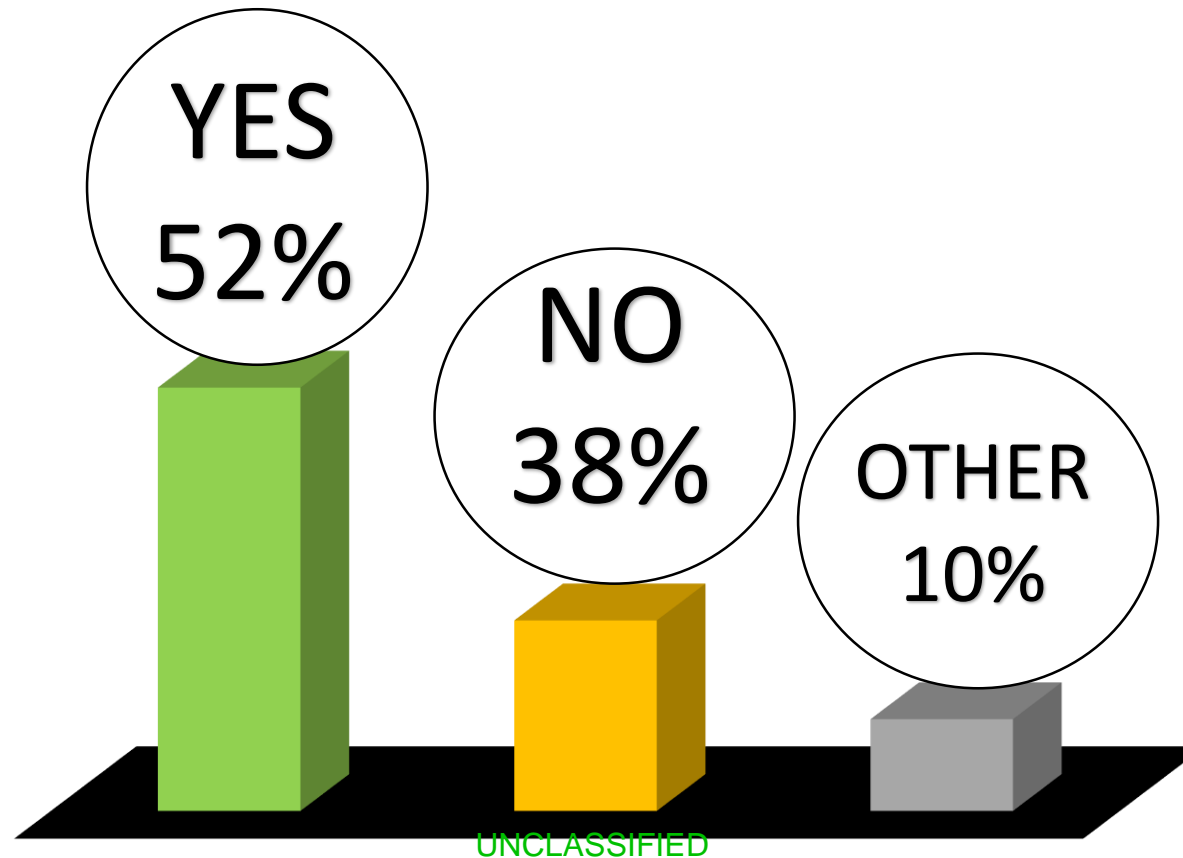
watching tv

Gardening

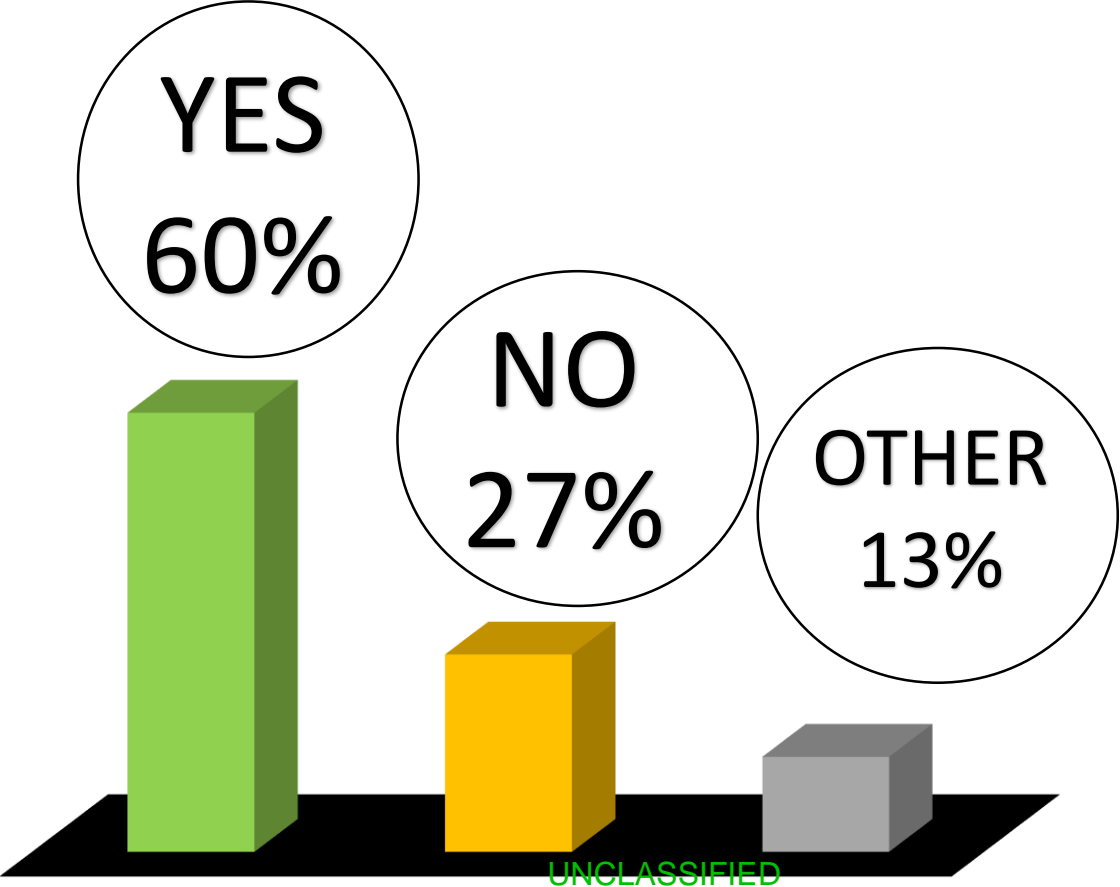
Have you found it easy to understand coronavirus and the lockdown rules?



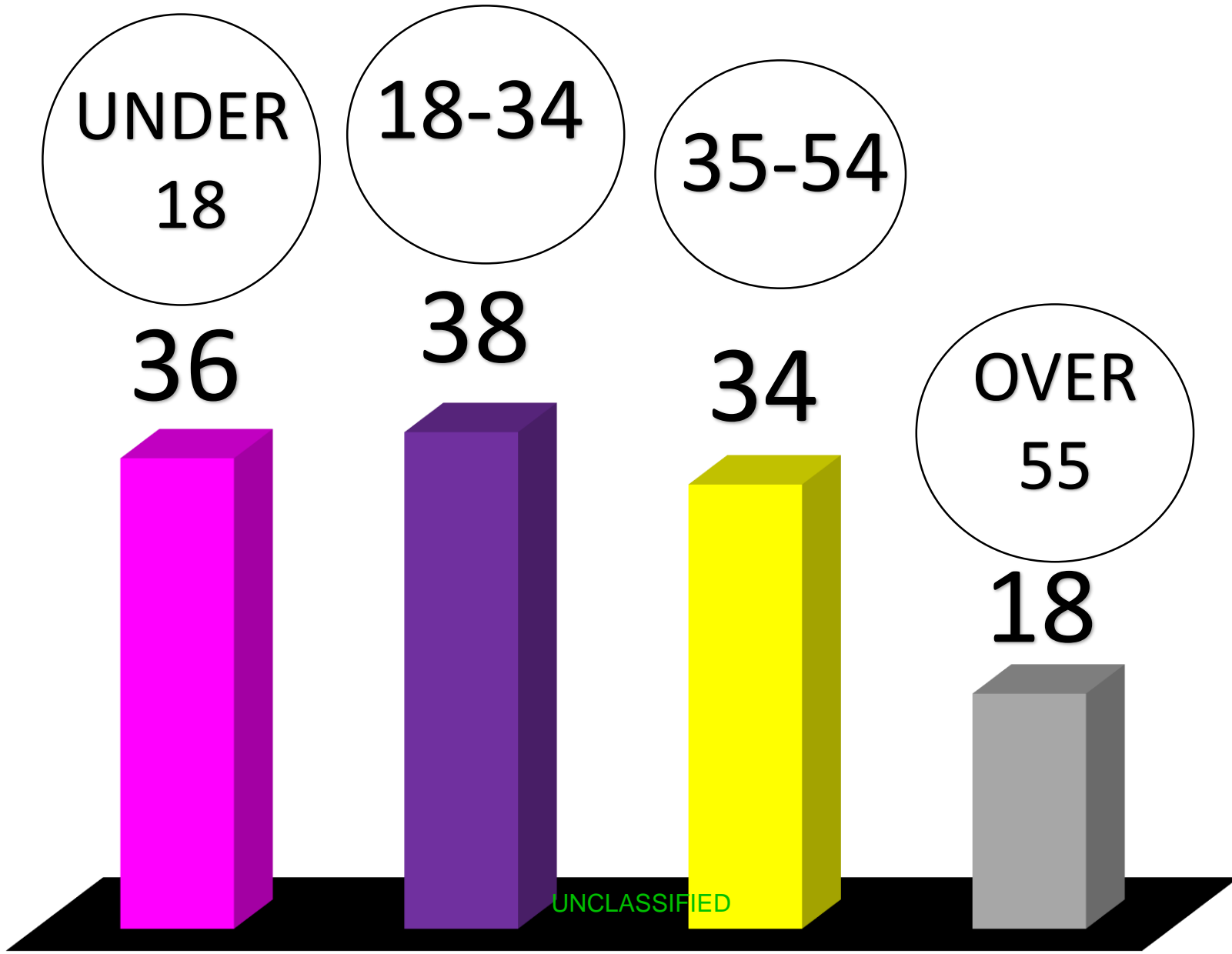
Has coronavirus made you feel scared or nervous about going outside or going out in the community?



Do you think you will need extra support and help from family or support staff when you are able to go out more and visit places or friends again?



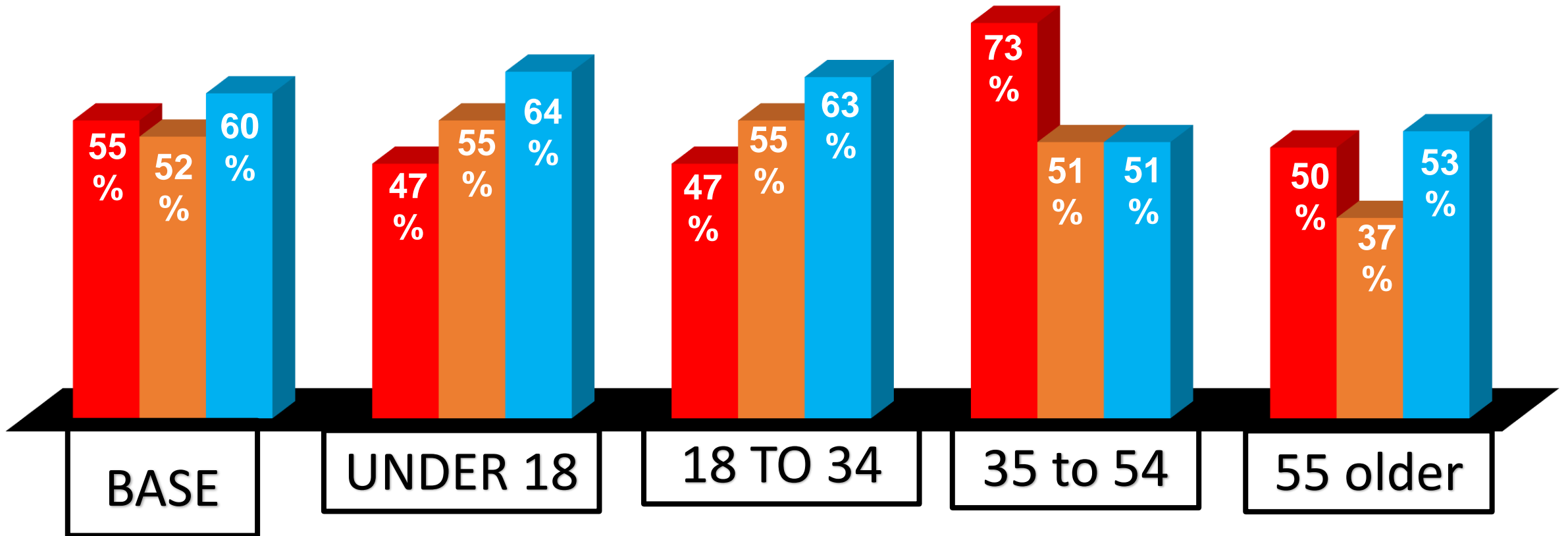
Results by Age



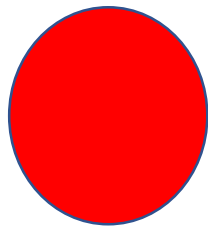
Where do you live?



Percentage of respondents responding



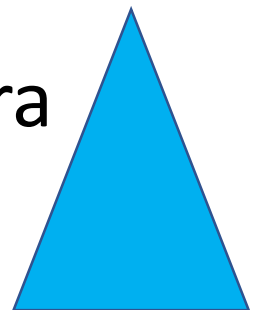
Understanding
Lockdown Rules



Scared or Nervous
to out outside



Needing extra
support



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"I have got less mobile and very unsteady on my feet due to not moving outside the home. Also, I am now very wary of surfaces and steps which I didn't have a problem with before."

"I have enjoyed spending time with my family during lockdown. Mum has let me do more cooking and was surprised at how good I was."



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A big thank you to
everyone for
taking part in the
Coronavirus
Lockdown Survey